



# Jochen Welsch

CONSULTING. COACHING. TRAINING.

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*successful  
conflict management*

*overcoming  
resistance*

*improving  
cooperation*

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## Live Online-Coaching

### Solving conflicts

Conflicts are commonplace in both professional and private life. Learn how to manage conflicts effectively. Recognize tension at an early stage, deal with it openly and resolve it profitably for everyone involved. You'll train solution-oriented behavior in difficult situations and learn to use techniques that really work.

Dealing with conflicts constructively is motivating and thus makes a valuable contribution in solution finding.



### What we do

We'll work on your own personal conflict cases. Through discussion, reflection and my input you will develop solutions that will stand up in practice. In addition to two online coaching sessions, you will receive blended learning material, impulses and tasks for preparation and follow-up (online and offline).

## Your benefit

In this coaching I will support you in dealing with an existing conflict. With my support you will learn how to manage conflicts actively:

- be able to act again
- solve your personal conflicts
- be able to make challenging situations positive for everyone involved

You will also learn to find your limits in solving conflicts and to deal with them constructively. In this way, you take a decisive step towards harnessing tension and improving interaction.



## Who is this coaching for

This coaching is aimed at everyone who wants to resolve an existing conflict - those who would like to face own attitude to conflicts and want to work very specifically in a very practice-oriented manner.

## Your investment

289,- EUR

Price plus statutory VAT for two live online coaching sessions including the services listed above

Prices for in-house or face-to-face coaching on request

## Your coach



### Jochen Welsch

„Only those who change and develop remain true to themselves.“

### Contact

[mail@iochenwelsch.de](mailto:mail@iochenwelsch.de)